



Child and Family Centre

# June 2019

North Renfrew EarlyON Child and Family Centre  
 Tel: 613-602-3593  
 EarlyON.NorthRenfrew@fcsrenfrew.on.ca



**\*\* Please note programming is now taking place at both St. Mary's School in Deep River as well as the Laurentian Hills Municipal Office in Point Alexander**

**ONGOING PROGRAMS & SERVICES  
 DETAILS ON BACK**

Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CLOSED
4 ☺ 👶	5 ☺	6 ☺	7 ☺	8 ☺ DR
11 ☺ 👶	12 ☺	13 ☺	14 ☺	15 CLOSED
18 ☺ 👶	19 ☺	20 ☺	21 ☺ Infant Massage® 1:30-2:30	22 ☺ PA
25 ☺ 👶	26 ☺	27 ☺	28 ☺ Infant Massage® 1:30-2:30	29 CLOSED

**Play and Learn Drop-in (9-11:30) ☺**

**Baby Group (1:30-3:00) 👶**

**Hours of Operation:**  
**Tues & Thurs (Deep River)**  
 9:00 to 11:30 am  
 1:30 to 3:00 pm (Tues only)

**Wed & Fri (Point Alexander)**  
 9:00 to 11:30am  
 \*Infant Massage in **Deep River** 1:30-2:30

**Every Second Saturday**  
 9:00 to 11:30 am  
**DR=** Deep River  
**PA=** Point Alexander

**Please register for programs and services marked with the following symbol by the dates noted. ®**



**Visit our Facebook page North Renfrew EarlyON Child and Family Centre**

## ONGOING PROGRAMS

### **Play and Learn Drop-in / 0-6yrs**

All children 0-6 and their parents and caregivers are invited to come out to this interactive playgroup, and meet other parents/ caregivers and children while having fun and learning together.

**Every Tuesday, Wednesday, Thursday & Friday as well as every second Saturday** from 9:00 to 11:30 am

### **Baby Group / 0-12 months**

Come out with your baby to play and meet other parents. Facilitated by a Public Health Nurse. Weigh scale and parenting info available.

**Every Tuesday** from 1:30 to 3:00 pm

## INFANT PROGRAMS

### **Infant Massage**

Learn how to massage your baby from head to toe in this 3 session workshop. Health Benefits that will be discussed include:

- comfort for teething and colds
- relief from gas, colic and constipation
- enhances physical and neurological development

Please call or email to register by Tuesday June 18th

**Fridays June 21, June 28 and July 5** from 1:30-2:30pm