

4<sup>TH</sup> ANNUAL

# KITCHISSIPPI RUN

a FUNDRAISER FOR THE NORTH RENFREW LONG TERM CARE CENTRE  
AND THE DEEP RIVER AND DISTRICT HOSPITAL FOUNDATION

2KM. 5KM. 10KM. HALF & FULL MARATHON.

OCTOBER 10, 2015. Starting at the Chalk River Lions Club

REGISTER EARLY:  
EARLY BIRD PRICING ENDS AUGUST 31<sup>ST</sup>

For entry fees, times,  
race kit pickup info,  
and training programs, visit our website:

 [KITCHISSIPPIRUN.WORDPRESS.COM](http://KITCHISSIPPIRUN.WORDPRESS.COM)

 [KITCHISSIPPIRUN@HOTMAIL.COM](mailto:KITCHISSIPPIRUN@HOTMAIL.COM)

 [FACEBOOK.COM/GROUPS/KITCHISSIPPIRUN](https://FACEBOOK.COM/GROUPS/KITCHISSIPPIRUN)

Register  
online  
TODAY at  
[WWW.RACEROSTER.COM](http://WWW.RACEROSTER.COM)



North Renfrew Long-Term Care Services Inc.



Deep River & District Hospital  
FOUNDATION