



**Laboratory Services**  
613-584-3333 Ext: 163

Deep River & District Hospital is able to accept all requisitions from any healthcare provider.

Our hours of operation are:

- Monday – Friday: 7:30 am to 12:00 pm
- Monday – Thursday: 4:00 pm to 6:00 pm

**Physiotherapy**  
613-584-3333 Ext: 121

We accept patients with or without referrals and offer a well-equipped physiotherapy department.

Our hours of operation are:

- Monday – Friday 8:00 am to 4:00 pm

Services offered by our Physiotherapy Department include:

- Sport Injuries, Bracing, Taping, Back Care, Post Stroke, Gait Analysis and Balance Testing, Compression Stockings, Laser Treatment

**Radiology services**  
613-584-3333 Ext: 214

Radiology Services offered at Deep River & District Hospital:

- Mammography:
  - Thursdays by appointment and physician requisition
- Ontario Breast Screening Program
  - Tuesdays by appointment only
  - Requisition not required; must be between 50-75 years of age
  - Call the Ontario Breast Screening Center (613-732-1463) to schedule your appointment, specify Deep River location
- Ultrasound:
  - Monday – Friday by appointment only
- Bone Density:
  - Wednesdays by appointment
- Routine X-rays:
  - Monday – Thursday: 8:00 am to 8:00 pm
  - Friday: 8:00 am to 4:00 pm



The DRDH Foundation is the fundraising arm of our local hospital, and raises funds for medical equipment. The government does not provide our hospitals with funding for hospital equipment. This year, among other projects, we are working to raise \$27,000 for the purchase of six new intravenous (IV) pumps. IV fluids are an essential treatment for patients of all ages and countless conditions, and having new pumps will enable us to provide safe and effective care to our patients with the latest technology to support their treatment. Visit [drdhfoundation.com](http://drdhfoundation.com) or contact Amy Joyce at 613-584-1266 x 203 for more information. With your help, the Foundation will ensure our families and loved ones continue to receive the best possible local care. Thank you to those who continue to give generously.

### **DRDH Initiatives**

#### Kids in the Kitchen

- Provides children the opportunity to learn to cook in a safe & fun environment and enjoy their meal together
- Kids learn safe kitchen skills, how to prepare balanced meals and about nutrition

#### Healthy Foods Initiative

- Spearheaded by The Champlain Cardiovascular Disease Prevention Network, this initiative includes all twenty hospitals in the region
- As a member, DRDH is actively increasing healthy food and beverage offerings and decreasing unhealthy choices
- We have achieved the bronze benchmark award and are working towards silver status

#### Weight Management Program

- Dietitians offer a structured weight management program open to anyone
- Participants are given the option of following a calorie controlled diet using either meal replacements or real foods
- Weekly group sessions provide opportunities to learn how to get to, and sustain, a healthier body weight

For more information, please contact: Erica Van Drunen at 613-584-3333 Ext: 313 or [EricaV@drdh.org](mailto:EricaV@drdh.org)